Knock Out Cup First Round 12th October 2023

Theberton Lion 9 - 11 Leiston Homeguard

Saxmundham E.S.M.C - BYE

Riverside Centre 9 - 11 Framlingham Railway

Laxfield Bowls Club - BYE

Darsham Fox 12 - 11 Middleton Bell

Kettleburgh Chequers 4 - 16 Dennington Queen

Eastbridge Eels Foot - BYE

Saxtead Old Mill 11 - 9 Bruisyard Village Hall

Knock Out Cup Quarter Final 7th December 2023

Saxtead Old Mill 8 - 12 Leiston Homeguard

Dennington Queen 9 - 11 Darsham Fox

Framlingham Railway 11 - 9 Eastbridge Eels Foot Laxfield Bowls Club 10 - 13 Saxmundham E.S.M.C

Plate Quarter Final 7th December 2023

Kettleburgh Chequers W - L BYE

Riverside Centre W - L BYE

Theberton Lion 12 - 8 Bruisyard Village Hall

Middleton Bell W-L BYE

Knock Out Cup Semi Final 22nd February 2024

Darsham Fox 11 - 9 Framlingham Railway

Leiston Homeguard 13 - 7 Saxmundham E.S.M.C

Plate Semi Final 22nd February 2024

Riverside Centre 11 - 9 Theberton Lion

Kettleburgh Chequers 13 - 7 Middleton Bell

Knock out Cup Final 21st March 2024

Darsham Fox v Leiston Homeguard

Plate Final 21st March 2024

Kettleburgh Chequers v Riverside Centre